



Newnham St Peter's C of E Primary School PSHE & RSE Curriculum



School Vision

Cherish Everyone ~ Flourish Together ~ Serve Others

Newnham St Peter's School Intent Statement

We aim to work in partnership with parents, governors, the Church and the community to provide a broad and balanced curriculum that enables all our children to develop into well rounded individuals and life-long learners. As a church school, our curriculum is built upon a strong Christian foundation, with our core values of hope, perseverance, respect, friendship, forgiveness and thankfulness at the heart of all we do.

Curiosity underpins lifelong learning, from pre-school up our curriculum is based upon asking questions and exploring. Reading is the gateway to sustainable learning. We have a structured approach to reading to ensure children develop skills that are applied across the curriculum. Vocabulary is a key focus, and our curriculum is designed to ensure children develop both rich creative and subject specific vocabulary.

To ensure knowledge is retained and learning 'sticks', our curriculum is carefully mapped out across all phases, providing continuity, supporting transition and revisiting / building on key concepts.

Our curriculum takes inspiration from our Forest of Dean setting by the River Severn whilst also ensuring that pupils are outward looking with planned opportunities to gain experience of the wider world.

We aim for children to leave our school not only achieving their full academic potential, but with the skills to keep themselves physically, mentally and spiritually fit. The confidence to push themselves outside of their comfort zone and the moral compass and drive to be active global citizens.

Intent

We believe that teaching personal, social, health and economic education (PSHE) and relationships and sex education (RSE) is integral to providing a broad and balanced curriculum. PSHE enables our children to become healthy, independent and responsible members of society. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. With an ever-changing society and an increasing range of influences, we are able to provide our children with a strong understanding of the diverse world around them and support them in playing a positive role in contributing to our school and wider community. Our staff work collaboratively as role models for our children to support them in developing into confident, happy, successful and resilient young people.

Our PSHE programme of study – SCARF (Safety, Caring, Achievement, Resilience, Friendship) is fully in line with the learning outcomes and core themes of the PSHE Association scheme of work. It covers all the required objectives and follows the three core areas of Health and Wellbeing, Relationships and Living in the Wider World. It also fulfils the latest requirements of the Statutory

Relationship and Health Education which enables all pupils to build good, safe and healthy relationships now and in their future lives.

Implementation

At Newnham St. Peter's C of E Primary School, we use SCARF which is a clear and comprehensive programme of study for PSHE & RSE education which includes mental health and wellbeing. This is a high-quality, inspiring curriculum with excellent enrichment experiences to enable pupils to develop essential life skills. It is designed to be taught in thematic units with a spiral approach. It is ensured that themes are revisited so that pupils can recall and build upon previous learning. It is essential that pupils explore the underlying principles of PSHE and RSE education regularly at a depth that is appropriate for the age and stage of their education. Teachers adapt the scheme in order to reflect the needs of their pupils.

Half-termly units develop knowledge, skills and understanding in the areas of:

- Me and my relationships
- Valuing difference
- Keeping myself safe
- Rights and responsibilities
- Being my best
- Growing and changing (RSE)

Using SCARF across all age groups ensures progression in knowledge, attitudes and values, and skills – including the key skills of social and emotional learning, known to improve outcomes for children. Its cohesive vision helps children understand and value how they fit into and contribute to the world. With a strong emphasis on emotional literacy, building resilience and nurturing mental and physical health, SCARF equips us to deliver engaging and relevant PSHE and RSE education.

As well as delivering discrete, weekly PSHE lessons throughout the school so that individuals and the class as a whole have opportunities to talk about and reflect on issues important to them, we ensure that we embed the knowledge and skills taught, across the curriculum.

Assessment for learning opportunities are built into each unit, which enables self-evaluation, reflective learning, thus allowing teachers to evaluate and assess progress.

Impact

Our children will:

- Become caring, respectful, responsible and confident individuals and citizens.
- Be prepared to know how to confidently approach a range of real life situations and any challenges that they may face when growing up.
- Apply their RSE skills and personal qualities to help navigate themselves in an ever-changing world.
- Have the necessary skills to keep themselves happy, healthy and safe during their time at Newnham St. Peter's and beyond.